

## 2020-2021 Subway Adult Hockey League

### ADULT FALL LEAGUE 2020

Registration: **Registration Deadline August 31, 2020.**  
Team Fee: **\$3100.00**  
Games Begin: **September 8, 2020**  
Games: 10 Games  
Divisions: Novice, Beginner C, Advanced A

**Team Registration:** Team Registration will be done online here:

<https://www.omalleysports.com/product/subway-adult-league-fall-2020-team-registration/>  
Captains must provide a completed roster, including **all** player names, and jersey numbers.

Space is Limited – teams will be accepted on a first paid – first served basis.  
**GET YOUR PAYMENTS IN EARLY TO SECURE YOUR SPOT!**

Captains: Please fill out the “Captains Intent to Participate” form, online, along with your team roster and submit with payment **NO LATER THAN August 31, 2020 at NOON**

All players will be required to register, sign the Waiver of Liability, and provide their USA Hockey Confirmation numbers.

This can be done online at: <https://www.omalleysports.com/adult-hockey-registration/>

**Due to an excessive number of “sandbaggers” ALL Novice Team rosters will be reviewed before the league schedule is released. Any player recognized as playing High School Varsity, Junior A or B, or higher level, regardless of gender, will be removed from said roster. NO EXCEPTIONS.**

Due to the large number of participating teams, Subway Adult League games could be scheduled any night of the week, including weekends and game start times will be as late as 10:45pm.

**Teams must have a minimum of TEN player registrations, General Release, and USA Hockey confirmations at time of registration to be accepted.**

**League management reserves the right to make the final decision on placement of teams in the league. League management reserves the right to remove over skilled players from any team in the league.**

**PLEASE NOTE: There will be no refunds.**

## 2020-2021 Subway Adult Hockey League

**Registration:** Register anytime between today and 12:00PM (Noon) on August 31, 2020. **NO teams will be allowed to register after this date.**  
**SPACE IS LIMITED:** Placement will be made on a first come, first paid basis so get your registration and payments in early to guarantee your spot!

**Games Begin:** 1<sup>st</sup> session: September 8, 2020 – **10 Games**,  
2<sup>nd</sup> session: January 4, 2021 – **13 Games (10 season + 3 Playoff)**

**League Divisions:** 4 **Non-Checking** Divisions with Limited Space in Each Division

**Advanced A:** Team is comprised primarily of A level players with 1 or 2 B level players.  
**ANY player rostered in the Advance A division is prohibited from participating or being rostered on any team in the Novice divisions.**

**Beginner C:** Team is comprised primarily of B level players with **1 or 2 A level players.**

**Novice/Novice South:** Novice players are NEW to the game - **BEGINNERS**  
**ANY player rostered in the NOVICE division is prohibited from participating or being rostered on any team in the Advanced A division.**

**A Level** - Competitive Player/ Former High School This player has advanced skills.

**B Level** – Played as a youth – Competitive/Rec experience or has 5+ years' experience as an adult.

**C Level** - Less experienced, BEGINNER LEVEL, No youth hockey experience.

**Team Registration Fee:** Fall: 10 games; \$3100  
Spring: 13 games; \$4015

**No one under 18 years of age may participate in the Subway Adult League. NO EXCEPTIONS.**  
**No one may be rostered on more than two teams in the Subway Adult League.**  
**Sub Goalies MUST be rostered on another team in the Subway Adult League in order to play.**

Rosters freeze **October 31, 2020** for the fall session, **February 28, 2021** for the spring session.  
**NO ROSTER CHANGES WILL BE MADE AFTER THE FREEZE DATES!**  
**(All registration forms, waivers, USA Hockey Confirmations, and jersey numbers must be submitted by this date. No changes will occur after this date.)**

**Team Registration:** In order to register a team you must provide the following at time of registration:

- 1. Fall Payment \$3100.00 per team**  
Payment of \$4015 for Spring Session must be paid by December 16th, 2020 to hold your spot in the spring session.
- 2. Intent to Participate form – filed by Team Captain:**  
**Please make sure that all contact and billing information are correct!**
- 3. A complete, typed team roster including:** Captain, Goalie, jersey color, player's names, e-mail addresses, contact phone numbers and jersey numbers – **ALL PLAYERS ARE REQUIRED TO HAVE A NUMBER ON THEIR JERSEY.**
- 4. A Player Registration form is required for each player** listed on the roster. Player registration is done online only at <https://www.omalleysports.com/adult-hockey-registration/>. A separate registration is required for each team you play on.
- 5. A current USA Hockey confirmation is required for each player.** Players who skate on more than one team are only required to pay USA Hockey membership fees once for the year. Please register separately for ALL teams that you play on.

## 2020-2021 Subway Adult Hockey League

The SAL follows all USA Hockey Rules and Regulations. In addition, the following Rules are enforced at all times.

1. Any player who receives 3 penalties in a single game will be ejected for the remainder of the game. **This rule applies to all divisions.**
2. **Any player removed from a game for fighting will receive an automatic 2 game suspension and must sit their next two games with the team the penalty was served from. Those players rostered on more than one team will not be able to participate with any other teams until the suspension has been completed.** Players who receive a second suspension for fighting will have to sit out the next 4 games with the team the penalty was received from. The 2/4 game fighting rule applies to all games played at both the SAL and AAHL. **THIS APPLIES TO ALL DIVISIONS.** Any player receiving a **match** penalty will be required to attend a state disciplinary hearing. You will have to sit the required game(s) from the team in which the penalty was received. If you are rostered on another team, you will be unable to participate with that team until your suspension has been completed.  
**League management has the right to impose additional penalties at any time.**
3. **No player in the Novice division may score more than 2 goals in a game.** This rule has been instituted to limit players who have strong ability but choose to Sandbag.
4. **USA Hockey Membership is required by all skaters. USA Hockey fees for 2020-2021 are \$55 per skater. Players will need to register with USA Hockey directly on-line, instructions on how to do this are included with this packet. Proof of insurance must be given to League Director before players can play. It is the player's responsibility to supply their USA Hockey confirmation.**
5. **All Players are required to wear a Face Shield.** A minimum of a half shield is required for all divisions. Any player not wearing a half shield, **PROPERLY ATTACHED**, and in the down position will not be allowed to play. **Novice players are REQUIRED to wear a FULL FACE SHIELD.**
6. **Protective Gear is required:** Due to potential for injury, it is necessary for all participants to wear protective gear, as required by USA Hockey Regulations. See USA Hockey rule 304 for required equipment.
7. **Team Members** are expected to conduct themselves in a professional manner on and off the ice. Unacceptable behavior will not be tolerated toward referees, facility employees, and arena patrons. Failure to comply may result in suspension of a team for one or more games. Any individuals taking part in abusive behavior may also be suspended from the arena at the discretion of arena management.

**Jerseys** are not provided for teams. It is recommended that each team have a light and dark jersey on hand for each game. **ALL** players must wear a number matching the number provided on the official roster.

**Referees:** Two certified referees will be scheduled for each game. Due to the large number of teams/games, refs are not always available. Games will NOT be rescheduled due to lack of refs.

**Scorekeepers:** Every effort will be made to have a scorekeeper available.

## 2020-2021 Subway Adult Hockey League

### Player ID Cards

All adult players in the Anchorage Area are required to have an Alaska State Hockey Association picture ID card to participate in any game. Players will need to hand these cards in to the ref/scorekeeper at the beginning of each game. Cards will be returned **after** the game is done. If a player receives a game misconduct or match penalty, their card will not be returned until the penalty time has been served. Any ID card found to be altered in any way will be confiscated by the score keeper / referee / league management and that player will not be able to play until a new card is obtained.

Cost for the cards will be \$10. Replacement cards will cost \$25 for the first replacement and successive replacements will be \$50 each.

Play It Again Sports on Spenard Road is now the official Alaska State Hockey ID Card supplier. Cards will be printed while you wait. No emailed images will be accepted for the new cards – you must physically go to the office.

You may contact Play It Again Sports at 278-7529 with questions or visit their store at 2636 Spenard Road in Anchorage.

**Players will not be allowed on the ice if they do not have an ID card.**

**Players (along with their Captains) caught using another players card will face disciplinary action, and up to 5 game suspension each.**

**Any ID card found to be altered in any way will be confiscated by the scorekeeper/referee or league management. That player will not be allowed to play until a new card has been obtained.**



#### **To Register with USA Hockey:**

1. Go to <https://membership.usahockey.com/> and click “Register Now”
2. Confirm Age
3. Choose Player/Coach
4. Follow the instructions and once the player/coach is registered it will email and also allow the player/coach to print out their confirmation page
5. Provide a copy of your confirmation number to the League Director(s) online at <https://www.omalleysports.com/adult-hockey-registration/>.

**Please allow at least 48 hours to process the roster changes/updates. Roster changes must be submitted by noon on Fridays, roster updates will not occur on Saturdays or Sundays. Failure to do so will result in players names not being on the scoresheet.**

# 2020-2021 Subway Adult Hockey League

## Team Roster

\_\_\_\_\_  
Team Name

\_\_\_\_\_  
Division

\_\_\_\_\_  
Team Captain

\_\_\_\_\_  
Email Address

\_\_\_\_\_  
Jersey Color (Home)

\_\_\_\_\_  
Jersey Color (Away)

Player Name	Jersey #
1 Captain	
2 Goalie	
3	
4	
5	
6	
7	
8	
9	
10	
11	
12	
13	
14	
15	
16	
17	
18	
19	
20	